

Three celebrities with a passion for casual fishing join the crew of a North Sea trawler working alongside lifelong fishermen on a genuine, two-week commercial fishing trip during the peak of the winter fishing season.

They work as ordinary crew, in all weathers, day and night. They experience the reality of one of the toughest and most dangerous jobs in Britain and with the celebs making up a third of the crew, the success of the trip rests in their nets. If they don't do their bit, the catch will be too small and nobody gets paid. But if they rise to the challenge and pull together, they hope to discover what trawler crews love so much about this unique way of life.

4 x 1 hour for Channel 5 | Format also available

Starring: **Shane Lynch** (Boyzone) — a huge fan of TV series Deadliest Catch and Trawlermen, he's fulfilling a lifelong ambition and is determined to find out if he could do the job for real.

**Antony Worrall Thompson** (*TV chef*) – as a chef, fish is a product he loves. Now he wants to find out much more about what it takes to catch it. And he wants to show the world that even at 67 years old, he's still up to the challenge.

**Ben Cohen** (Rugby World Cup winner and Strictly dancer) - having reached the pinnacle of sporting achievement Ben is intrigued by the physical challenge and teamwork of the job.

